

# ACTS Prayer Model

This prayer model is to guide you as you spend time in the presence of God. Prayer is simply talking with God and sometimes we need a starting point - use this prayer model to help with that.

**Adoration** **Begin with praise and worship.**

*O God, You are awesome from Your sanctuary. The God of Israel Himself gives strength and power to the people. Blessed be God! Psalm 68:35 NASB*

**Confess** **Confess and repent sin to God.**

*If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness. 1 John 1:9 NASB*

**Thanksgiving** **Express gratitude for all He has done.**

*I will praise the name of God with song and magnify Him with thanksgiving. Psalm 69:30 NASB*

**Supplication** **Lift up your needs in prayer.**

*Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. Philippians 4:6*

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